

# I am sailing...



Name of Journey: : REY08 – I am sailing...

Objectives:

- To live and play by the sea
- To learn about the rescue teams and costal guards work around the island

For an Icelander it's hard to imagine how it is, living in a landlocked country and just be able to drive over the border and be surrounded by a completely different culture all of a sudden. That is because Iceland is an island and is totally surrounded by water. So the only means of getting out of here is by sailing on a boat or buying a ticket and getting a ride with one of those Boeing 747 piercing through the sky. Therefore it's all about the water for the Icelanders. Fishery has been our main export item, along with singer Björk.

The tribe will be around and in the sea. Get the opportunity to go to the one and only beach in Reykjavik, kayak in the fjords of the Capital Area and learn how the Icelandic Search and Rescue teams work when rescuing people on sea. You will also visit Videy –a small island, formally used for a monastery, water, salt and coal trading market and fishery, but is now more of a peaceful place of history, and the location of Yoko Ono's totem of awareness; the Imagine Peace Tower.

**Good to know before choosing:**

*Be ready to get wet!*

**How hard is it:**

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