



# 53<sup>rd</sup> Cubs Star Work

# Looking after Yourself



Name. \_\_\_\_\_

Cubs must keep a log for one week and send in by email by Saturday 14<sup>th</sup> November. This requirement is only for those who have the Homehelpers Badge.

Day	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
1. Help lay the table and serve the meal.							
2. Wash up afterwards and show how to deal with a saucepan or similar cooking utensils, cutlery glassware							
3. Keep your room clean and tidy and make your bed for a week.							

Parents Name \_\_\_\_\_