



First Class Scout Award

Name _____

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| 1. Pitch, strike and store a tent correctly | |
| 2. Prepare, cook, serve and clear away a meal and a hot drink on an open fire. | |
| 3. Be familiar with the safety precautions and the correct use of lamps, axes and saws. | |
| 4. Know how to deal with shock, fainting, scalds, stings, bumps, nosebleeds and minor cuts. | |
| 5. Complete a simple one day hike and know equipment you should take. | |
| 6. Demonstrate the correct use of the following: Square, shear, figure of eight and diagonal lashing, Bowline Timber and Clove hitch. | |
| 7. Pack a rucksack for a weekend camp and make a first aid kit. | |
| 8. Complete a two day hike and sleep overnight in a tent. | |
| 9. camp for two nights | |
| 10. Make an active contribution to a show, exhibition or take part in a lantern March. | |
| 11. Know the location and telephone numbers of all the emergency services in your area | |
| 12. Improve your personal performance over a period of one month in an activity such as jogging or swimming. | |
| 13. Explain to your Scout Leader how the Scout law and Promise are relevant to your daily life. | |
| 14. Take part in a Scout activity at a place of worship | |
| 15. Take part in an out door activity | |
| 16. Gain one proficiency badge | |
| First Class Scout Award Gained on : | |